

# Gluten-Friendly Lunch Menu

Hi there & welcome to Paladar. We know it can be difficult to tell what has gluten and what doesn't by glancing at a menu. So, we created this gluten-friendly version to make things a bit easier for you.

If you're very sensitive to gluten, the note below applies to you.

There are a handful of gluten-friendly items that have ingredients that are prepared in a fryer that is also used for food containing gluten. This includes our Housemade Chip Blend and Sweet Plantains.

Please let a member of our team know about your allergy so we can do all we can to accommodate you.

## Craft-Your-Own Guacamole

START WITH OUR TRADITIONAL GUACAMOLE  
SINGLE: \$7.5 | GUACAMOLE TRIO: \$20

Served with our housemade blend of plantain, malanga and tortilla chips. !

Add fresh vegetables \$2.5

**Classic Add-Ins: \$.50**

Pico de Gallo | Roasted Red Peppers | Black Beans  
Pickled Jalapeños | Pickled Red Onion | Roasted Garlic  
Candied Pumpkin Seeds | Crispy Capers | Mango

**Premium Add-Ins: \$1**

Queso Fresco | Goat Cheese | Bacon | Chipotle Honey  
Grilled Pineapple Salsa | Mango

## House-Made Salsas !

Served with our housemade blend of plantain, malanga and tortilla chips

Single: \$4.5 Trio: \$10

Grilled Pineapple Salsa | Roasted Tomato | Pico de Gallo

## LUNCH COMBOS

Monday-Friday from 11:00am-4:00pm

### • \$10 Paladar Tacos •

Two tacos per order; Gluten-Friendly if ordered with corn tortilla or bibb lettuce. Served with rice & beans.  
Gluten-Friendly: Corn Tortilla | Low Carb: Bibb Lettuce

🍖 **PORK CARNITAS** Adobo rub, pickled jalapeños, pickled red onions, hot sauce.

🌶️ **RIO-STYLE CHICKEN** Caramelized onions, poblano peppers, peanut-plantain crumble, cilantro aioli.  
GLUTEN-FREE IF ORDERED WITHOUT PEANUT-PLANTAIN CRUMBLE

🐟 **BLACKENED FISH** Pickled red onion & pineapple slaw, cilantro aioli.

🥩 **BRAISED BEEF** Queso fresco, jalapeños, cilantro, aji pepper aioli.

🥦 **CRISPY BRUSSELS SPROUTS** Sweet potato, goat cheese, candied pumpkin seeds, pickled red onions, garlic pasilla aioli.

### SERVED WITH YOUR CHOICE OF SIDE:

Chipotle Black Bean Soup | Adobo Fries | Black Beans | Coconut Mango Rice | Rice & Beans

## • Starters •

🌶️ **BRAZILIAN CHEESY BREAD** Chipotle honey. 8

🌶️ **MOJO PORK TOSTONES** Pickled red onions, aji verde, crispy plantains. 11

🌶️ **SMOKED CHICKEN TOSTONES** Aji pepper aioli, pico de gallo, crispy plantains. 11

## • Soups & Salads •

Add Chicken 4.5 Add Steak\* 7.5

🌶️ **CHIPOTLE BLACK BEAN SOUP** 🌶️ Lime crema, scallions, cilantro. 6

**CHICKEN TORTILLA SOUP** Hominy, scallions, pasilla peppers, lime crema, crushed tortillas. 6.5  
GLUTEN FREE IF ORDERED WITHOUT CRUSHED TORTILLAS

🌶️ **THE PALADAR CÉZAR** Romaine heart, queso fresco, tomatoes, crispy capers, croutons, sugar cane dressing. 7  
GLUTEN FREE IF ORDERED WITHOUT CROUTONS

🌶️ **ENSALADA MIXTA** Mixed greens, candied pumpkin seeds, cucumber, tomatoes, pickled red onions, queso fresco, sherry vinaigrette. 6.5

🌶️ **CARIBBEAN MANGO CHICKEN** Mixed greens, bacon, avocado, mango, black beans, roasted red peppers, mango jerk vinaigrette. 13.5

🌶️ **KALE & ROASTED SWEET POTATO** Spinach, tomatoes, spiced almonds, radish, goat cheese, garlic thyme vinaigrette. 12

**ADOBO STEAK & BLUE CHEESE\*** Mixed greens, grape tomatoes, cucumbers, pickled onions, green beans, crispy onions, blue cheese vinaigrette. 17  
GLUTEN-FREE IF ORDERED WITHOUT CRISPY ONIONS

## • House Beverages •

🌶️ **HOUSE AGUA FRESCA** Pomegranate Ginger, Charred Pineapple, Blackberry Hibiscus. 4

**HOUSE LEMONADE** Traditional, Pomegranate Ginger, Charred Pineapple, Blackberry Hibiscus. 4

Medium-bodied coffee, roasted in Cleveland, OH  
Black Iced Tea • Mango Iced Tea



SOLSTICE coffee tea service

\*This item may contain raw or undercooked ingredients. Consuming raw or undercooked meat or seafood may increase your risk of foodborne illness. Please notify your server of any food allergies.

🌶️ Crowd Favorites 🌶️ Spicy

🌶️ Vegetarian (Vegan? Ask your server for recommendations.) 🌶️ Highly sensitive? Let us know when ordering this dish.

## • Energizing Grain Bowls •

Served chilled. Spinach available to substitute for ancient grains upon request.

🌶️ **SWEET POTATO & AVOCADO** Ancient grain blend, roasted brussels sprouts, kale, radish, queso fresco, citrus slaw, cilantro tahini sauce. 12

GLUTEN-FREE IF SPINACH IS SUBSTITUTED FOR ANCIENT GRAINS

Add Chicken 4.5 Add Steak\* 7.5

**PASILLA GRILLED CHICKEN** Antibiotic and hormone-free chicken, ancient grain blend, kale, radish, avocado, pico de gallo, black beans, cilantro tahini, citrus slaw. 14

GLUTEN-FREE IF SPINACH IS SUBSTITUTED FOR ANCIENT GRAINS

## • Lunch Entrées •

🌶️ **FEIJOADA STEW** 🌶️ Pork, chorizo sausage, adobo black beans, sofrito vegetables, kale, sofrito rice, grilled Cuban bread. 14.5

GLUTEN-FREE IF ORDERED WITHOUT CUBAN BREAD

**CARIBBEAN GRILLED CHICKEN** Pineapple salsa, cilantro rice, adobo black beans. 14

**RUM-GLAZED CUBAN PORK** Adobo black beans, coconut mango rice, pico de gallo. 14

DON'T FORGET YOUR *Extras*

## • Sides •

🌶️ **SWEET PLANTAINS** Lime crema. 6

🌶️ **YUCCA FRIES** Aji pepper aioli. 6

🌶️ **SWEET POTATO PLANTAIN HASH** Aji verde. 5

🌶️ **ADOBO BLACK BEANS** Pico de gallo, lime crema. 5

🌶️ **COCONUT MANGO RICE** 5

🌶️ **ADOBO FRIES** 5

🌶️ **CRISPY BRUSSELS SPROUTS** 5

## DON'T FORGET Cocktail Jars



### AVAILABLE FLAVORS:

Traditional Margarita  
Pomegranate Ginger Margarita  
Black Hibiscus Margarita  
Charred Pineapple Margarita  
Rum Punch  
Red & White Sangria

32 oz. Mason Jars \$25 EA

HALPERN'S

Paladar is dedicated to serving only wild-caught fish and seafood. We support farms that practice humane animal treatment and avoid using antibiotics and added hormones whenever possible. Our partners in quality sourcing:



Superior Farms, CO



Joe Jurgielewicz & Son, PA



Harris Ranch, CA



Bristol Bay, AK  
Gulf of Mexico



Wayne Farms, NC



Bayou la Batre, AL



Leidy's Farms, PA

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Latin Comfort Box

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## Sangrias & Wine

### SANGRIAS

#### Tropical Mango White

White wine, mango rum, orange juice, peach schnapps  
GLASS 9 LITER 30

#### Brazilian Red

Cabernet Sauvignon, São Paulo Cachaça, blackberry brandy, fresh juices.  
GLASS 9 LITER 30

### SPARKLING & WHITE WINES

#### Prosecco

Ruffino, Italy . . . . . 38

#### Brut

Segura Viudas Cava 187ml, Spain . . . . . 9.5 / 36

#### Rose

Santa Julia Organica, Mendoza, Argentina . . . . . 9 / 34

#### Riesling

Heinz Eifel Shine, Mosel, Germany . . . . . 8.5 / 32

#### Pinot Grigio

Lagaria, Italy . . . . . 10 / 38

#### Sauvignon Blanc

Carolina Reserva, Ledy Valley, Chile . . . . . 8.5 / 32

#### Sauvignon Blanc

Sea Pearl, New Zealand . . . . . 11 / 42

#### Chardonnay

Santa Julia Organica, Mendoza, Argentina . . . . . 9 / 34

#### Chardonnay

Spellbound, California . . . . . 12 / 46

### RED WINES

#### Pinot Noir

Tortoise Creek "Mission Grove," California . . . . . 10 / 38

#### Tempranillo

Marqués de Cáceres, Spain . . . . . 11.5 / 44

#### Merlot

Natura, Rapel Valley, Chile . . . . . 8.5 / 32

#### Malbec

Santa Julia (+), Mendoza, Argentina . . . . . 9.5 / 34

#### Malbec

TintoNegro "Uco Valley," Mendoza, Argentina . . . . . 11 / 42

#### Malbec/Syrah

Tilia, Mendoza, Argentina . . . . . 9 / 34

#### Cabernet Sauvignon

Carolina Reserva, Colchagua Valley, Chile . . . . . 8.5 / 32

#### Cabernet Sauvignon

Boomtown by Dustin Valley, Columbia Valley, WA . . . 12.5 / 48

## Beer

### BOTTLES

#### Miller Lite

U.S., Pilsner, 4.2% . . . . . 5.5

#### Buckler

Holland, Lager, 0.5% . . . . . 5.5

#### Corona/Corona Light

Mexico, Lager, 4.6% . . . . . 5.5

#### Dos Equis Ambar

Mexico, Vienna-Style Lager, 4.6% . . . . . 5.5

#### Red Stripe

Jamaica, Lager, 4.7% . . . . . 5.5

#### Angry Orchard

U.S., Hard Cider, 5% . . . . . 6

#### Stella Artois

Belgium, Pale Lager, 5.2% . . . . . 6

#### Blue Moon

U.S., White Ale, 5.4% . . . . . 6.5

#### Lagunitas Little Sumpin' Sumpin'

Petaluma, CA, Pale Wheat Ale, 7.5% . . . . . 6.5

#### Heavy Seas Tropicannon

Baltimore, MD, IPA, 7.3% . . . . . 6.5

#### RAR Nanticoke Nectar

Cambridge MD, IPA, 7.4% . . . . . 6.5

#### Xingu

Brazil, Black Lager, 4.6% . . . . . 7.5

#### Allagash White

Portland, ME, White Ale, 5.1% . . . . . 7.5

### DRAFTS

#### Pacifico

Mexico, Lager, 4.5% . . . . . 5.5

#### Dogfish Head 60 Minute IPA

Milton, DE, IPA, 6% . . . . . 6.5

#### Flying Dog Seasonal

Baltimore, MD . . . . . 7

#### Jailbreak Brewery, Brewmaster's Selection

Laurel, MD . . . . . 7

# Hand-Crafted Cocktails

## Mojitos

FLAVORS (+50¢): Pomegranate Ginger, Blackberry Hibiscus, Charred Pineapple

### TRADITIONAL

St. Lucia Distillers White Rum, lime, mint, soda, pure cane syrup 8.5

### SUPERIOR

Plantation Grande Reserve 5 Yr, lime, mint, soda, pure cane syrup 10.5

## Margaritas

FLAVORS (+50¢): Pomegranate Ginger, Blackberry Hibiscus, Charred Pineapple

### TRADITIONAL

Tequila Blanco, triple sec, housemade margarita mix 8.5

### SUPERIOR

Cazadores Reposado, Ferrand Dry Curaçao, housemade margarita mix 10.5



## SKINNY MARGARITA

Cazadores Reposado Tequila, agave nectar, fresh lime juice, lemon juice, orange juice 9.5

## Specialty COCKTAILS

### DARK & STORMY

Gosling's Black Seal Rum, ginger beer, lime . . . . . 9.5

### JALAPEÑO PALOMA

El Jimador Silver Tequila, jalapeños, grapefruit juice, simple syrup, soda, salt rim . . . . . 9.5

### PUSSEY'S PAINKILLER

Pusser's British Navy Rum, Cruzan Mango Rum, Smith & Cross Rum, fruit juices, coconut milk, nutmeg . . . 11.5

### PALADAR RUM PUNCH

St. Lucia Distillers Spiced Rum, Smith & Cross Rum, citrus liqueur, fresh fruit juices . . . . . 11

### SMOKED APPLE RHUM CIDER

Clement Select Barrel, fresh lemon juice, apple spiced syrup, apple cider, smoked cinnamon bitters . . . . . 11

### CHARRED PINEAPPLE CAIPIRINHA

Sao Paulo Cachaca, fresh lime juice, charred pineapple juice . . . . . 9

## Classic COCKTAILS

### PALADAR OLD-FASHIONED

Brown sugar, orange, house-cured cherries, orange bitters . . . . . 11

### PALADAR MANHATTAN

Dolin Rouge Vermouth, black walnut bitters, house-cured cherries . . . . . 12

#### CHOOSE YOUR RUM:

Bacardi 8 Yr (Spanish Style)  
Chairman's Reserve (English Style)  
Clément Select Barrel (French Style)

#### CHOOSE YOUR RUM:

Diplomático Mantuano (Spanish Style)  
Appleton Rare 12 Yr (English Style)  
Rhum J.M Gold (French Style)

## WELCOME TO

# The World Of Rum

Rum is a journey – not a destination. Whether you're a well-versed traveler or are just starting along the way, rum is universally pleasing to all palates. For a full list of offerings, please reference our Rum Bible.

## Rum FLIGHTS

### SPANISH FLIGHT

Flor de Cana 4 Yr, Ron Abuelo 7 Yr, Pampero Aniversario . . . . . 10

### ENGLISH FLIGHT

Plantation 3 Yr, Pusser's British Navy, Appleton Estate 12 Yr . . . . . 9.5

### FRENCH FLIGHT

La Favorite Blanc, Rhum Clément Select Barrel, Neisson Rhum Réserve Spéciale . . . . . 9

### AGED FLIGHT

Plantation Grande Reserve 5 Yr, El Dorado 15 Yr, Flor de Caña Centenario 12 Yr . . . . . 11

### PRESIDENTIAL FLIGHT

Ron Zacapa XO, El Dorado 21 Yr Special Reserve, Rhum Clément Cuvée Homère . . . . . 20

### SPICED FLIGHT

Chairman's Reserve Spiced, Brinley Spiced, Corsair Spiced . . . . . 9

### CRAFT/DOMESTIC FLIGHT

Blue Dyer "Original Gold," Old Line Aged Caribbean, Lyon Distilling Dark . . . . . 10

## Rum RECOMMENDATIONS

We have an extensive selection of rums from all over the world - more than 100, to be exact. Below are some of our favorites.

### SPANISH-STYLE RUMS

RON ABUELO 7 YR  
Panama . . . . . 8.5 | 3

FLOR DE CAÑA 12  
Nicaragua . . . . . 11 | 4

DIPLOMÁTICO EXCLUSIVA  
Venezuela . . . . . 12 | 4

RON ZACAPA 23  
Guatemala . . . . . 13 | 4.5

### ENGLISH-STYLE RUMS

CHAIRMAN'S RESERVE  
St. Lucia . . . . . 9 | 3

ZAYA GRAN RESERVA  
Trinidad & Tobago . . . . . 11 | 4

EL DORADO 12 YR  
Guyana . . . . . 11 | 4

PLANTATION XO  
Barbados . . . . . 12 | 4

### FRENCH-STYLE RUMS

RHUM BARBANCOURT 8 YR  
Haiti . . . . . 9.5 | 3.5

CLÉMENT SELECT BARREL  
Martinique . . . . . 9.5 | 3.5

DAMOISEAU VIEUX VSOP  
Guadeloupe . . . . . 12 | 4.5

RHUM J.M XO  
Martinique . . . . . 15 | 5

