

Gluten-Friendly Lunch Menu

Hi there & welcome to Paladar. We know it can be difficult to tell what has gluten and what doesn't by glancing at a menu. So, we created this gluten-friendly version to make things a bit easier for you.

If you're very sensitive to gluten, the note below applies to you.

There are a handful of gluten-friendly items that have ingredients that are prepared in a fryer that is also used for food containing gluten. This includes our Housemade Chip Blend and Sweet Plantains.

Please let a member of our team know about your allergy so we can do all we can to accommodate you.

Craft-Your-Own Guacamole

START WITH OUR TRADITIONAL GUACAMOLE
SINGLE: \$7.5 | GUACAMOLE TRIO: \$20

Served with our housemade blend of plantain, malanga and tortilla chips. !

Add fresh vegetables \$2.5

Classic Add-Ins: \$.50

Pico de Gallo | Roasted Red Peppers | Black Beans
Pickled Jalapeños | Pickled Red Onion | Roasted Garlic
Candied Pumpkin Seeds | Crispy Capers | Mango

Premium Add-Ins: \$1

Queso Fresco | Goat Cheese | Bacon | Chipotle Honey
Grilled Pineapple Salsa | Mango
Roasted Poblanos & Caramelized Onions

House-Made Salsas !

Served with our housemade blend of plantain, malanga and tortilla chips

Single: \$4.5 Trio: \$10

Grilled Pineapple Salsa | Roasted Tomato | Pico de Gallo

LUNCH COMBOS

Monday-Friday from 11:00am-4:00pm

• \$10 Paladar Tacos •

Two tacos per order; Gluten-Friendly if ordered with corn tortilla or bibb lettuce. Served with rice & beans.
Gluten-Friendly: Corn Tortilla | Low Carb: Bibb Lettuce

- 🍖 **PORK CARNITAS** Adobo rub, pickled jalapeños, pickled red onions, hot sauce.
- 🍗 **RIO-STYLE CHICKEN** Caramelized onions, poblano peppers, peanut-plantain crumble, cilantro aioli.
GLUTEN-FREE IF ORDERED WITHOUT PEANUT-PLANTAIN CRUMBLE

BLACKENED FISH Pickled red onion & pineapple slaw, cilantro aioli.

BRAISED BEEF Queso fresco, jalapeños, cilantro, aji pepper aioli.

- 🥬 **CRISPY BRUSSELS SPROUTS** Sweet potato, goat cheese, candied pumpkin seeds, pickled red onions, garlic pasilla aioli.

SERVED WITH YOUR CHOICE OF SIDE:

Chipotle Black Bean Soup | Adobo Fries | Black Beans | Coconut Mango Rice | Rice & Beans

• Starters •

- 🍞 **BRAZILIAN CHEESY BREAD** Chipotle honey. 8
- 🥬 **CRISPY BRUSSELS SPROUTS & SERRANO HAM** Pickled onions, spiced almonds, garlic confit & roasted carrot puree. 9
JALAPEÑO SHRIMP CEVICHE* 🍷 Hearts of palm, jicama, pickled red onions, pickled jalapenos, lemon. 11
- 🧀 **QUESO FUNDIDO** Pico de gallo, roasted poblanos & caramelized onions, side of tortilla chips. 9
ADD CHORIZO, 2
- 🍖 **MOJO PORK TOSTONES** Pickled red onions, aji verde, crispy plantains. 11
- 🍗 **SMOKED CHICKEN TOSTONES** Aji pepper aioli, pico de gallo, crispy plantains. 11

• Soups & Salads •

Add Chicken 4.5 Add Steak* 7.5 Add Salmon* 7.5

- 🍲 **CHIPOTLE BLACK BEAN SOUP** 🍷 Lime crema, scallions, cilantro. 6
CHICKEN TORTILLA SOUP Hominy, scallions, pasilla peppers, lime crema, crushed tortillas. 6.5
GLUTEN FREE IF ORDERED WITHOUT CRUSHED TORTILLAS
- 🥗 **THE PALADAR CÉZAR** Romaine heart, queso fresco, tomatoes, crispy capers, croutons, sugar cane dressing. 7
GLUTEN FREE IF ORDERED WITHOUT CROUTONS
- 🥗 **ENSALADA MIXTA** Mixed greens, candied pumpkin seeds, cucumber, tomatoes, pickled red onions, queso fresco, sherry vinaigrette. 6.5
- 🍗 **CARIBBEAN MANGO CHICKEN** Mixed greens, bacon, avocado, mango, black beans, roasted red peppers, mango jerk vinaigrette. 13.5
SOCKEYE SALMON & ROASTED BEETS* Ancient grains, spinach, brussels sprouts, goat cheese, candied pumpkin seeds, pickled red onions, garlic thyme vinaigrette. 16
GLUTEN-FREE IF ORDERED WITHOUT ANCIENT GRAINS
- 🥗 **KALE & ROASTED SWEET POTATO** Spinach, tomatoes, spiced almonds, radish, goat cheese, garlic thyme vinaigrette. 12
PEAR & ARUGULA Serrano ham, manchego cheese, spiced almonds, croutons, spinach, extra virgin olive oil & rosemary honey. 15.5
GLUTEN-FREE IF ORDERED WITHOUT CROUTONS
ADOBO STEAK & BLUE CHEESE* Mixed greens, grape tomatoes, cucumbers, pickled onions, green beans, crispy onions, blue cheese vinaigrette. 17
GLUTEN-FREE IF ORDERED WITHOUT CRISPY ONIONS

• House Beverages •

- 🍹 **HOUSE AGUA FRESCA** Pomegranate Ginger, Charred Pineapple, Blackberry Hibiscus. 4
- HOUSE LEMONADE** Traditional, Pomegranate Ginger, Charred Pineapple, Blackberry Hibiscus. 4

Medium-bodied coffee, roasted in Cleveland, OH

Black Iced Tea • Mango Iced Tea



• Energizing Grain Bowls •

Served chilled. Spinach available to substitute for ancient grains upon request.

- 🍲 **SWEET POTATO & AVOCADO** Ancient grain blend, roasted brussels sprouts, kale, radish, queso fresco, citrus slaw, cilantro tahini sauce. 12
GLUTEN-FREE IF SPINACH IS SUBSTITUTED FOR ANCIENT GRAINS
Add Chicken 4.5 Add Steak* 7.5 Add Salmon* 7.5

PASILLA GRILLED CHICKEN Antibiotic and hormone-free chicken, ancient grain blend, kale, radish, avocado, pico de gallo, black beans, cilantro tahini, citrus slaw. 14
GLUTEN-FREE IF SPINACH IS SUBSTITUTED FOR ANCIENT GRAINS

• Lunch Entrées •

- 🍖 **FEIJOADA STEW** 🍷 Pork, chorizo sausage, adobo black beans, sofrito vegetables, kale, sofrito rice, grilled Cuban bread. 14.5
GLUTEN-FREE IF ORDERED WITHOUT CUBAN BREAD
CARIBBEAN GRILLED CHICKEN Pineapple salsa, cilantro rice, adobo black beans. 14

RUM-GLAZED CUBAN PORK Adobo black beans, coconut mango rice, pico de gallo. 14

- 🍄 **PORTOBELLO MUSHROOM GRILL** Marinated portobello mushrooms, sautéed garlic spinach, Cuban sofrito rice, Chimichurri, crispy hearts of palm. 15
GLUTEN-FREE IF ORDERED WITHOUT CRISPY HEARTS OF PALM

DON'T FORGET YOUR **Extras**

• Sides •

- 🥬 **SWEET PLANTAINS** Lime crema. 6
- 🥬 **YUCCA FRIES** Aji pepper aioli. 6
- 🥔 **SWEET POTATO PLANTAIN HASH** Aji verde. 5
- 🥔 **ADOBO BLACK BEANS** Pico de gallo, lime crema. 5
- 🥥 **COCONUT MANGO RICE** 5
- 🍗 **ADOBO FRIES** 5
- 🥬 **CRISPY BRUSSELS SPROUTS** 5

FEATURED Cocktail



SMOKED APPLE RHUM CIDER
Clement Select Barrel, fresh lime juice, cinnamon simple syrup, apple cider, smoke cinnamon bitters

GLASS 11

HALPERN'S

Paladar is dedicated to serving only wild-caught fish and seafood. We support farms that practice humane animal treatment and avoid using antibiotics and added hormones whenever possible. Our partners in quality sourcing:



ENJOY ONE OF OUR **FAMILY BOX** FOR DINNER AT HOME.

AVAILABLE BOXES:

Family Taco Box
Latin Comfort Box



SCAN TO LEARN MORE



ORDER. DRIVE. CALL. EAT. **484.965.9779**

*This item may contain raw or undercooked ingredients. Consuming raw or undercooked meat or seafood may increase your risk of foodborne illness. Please notify your server of any food allergies.

🍖 Crowd Favorites 🍷 Spicy

🥬 Vegetarian (Vegan? Ask your server for recommendations.) 🥚 Highly sensitive? Let us know when ordering this dish.

Sangrias & Wine

SANGRIAS

Tropical Mango White

White wine, mango rum, orange juice, peach schnapps
GLASS 9 LITER 30

Brazilian Red

Cabernet Sauvignon, São Paulo Cachaça, blackberry brandy, fresh juices.
GLASS 9 LITER 30

SPARKLING & WHITE WINES

Brut

Segura Viudas Brut, Spain 38

Rose (Malbec)

Santa Julia Rose, Mendoza, Argentina 11.5 / 44

Riesling

Heinz Eifel Shine, Germany 11 / 42

Pinot Grigio

Hayes Ranch, California 11 / 4

Sauvignon Blanc

Haras de Pirque Albaclara, Argentina 10 / 38

Sauvignon Blanc

Sea Pearl, New Zealand 13 / 50

Chardonnay

Santa Julia Organica, Mendoza, Argentina 12 / 46

Chardonnay

Spellbound, California 11 / 42

RED WINES

Pinot Noir

Tortoise Creek "Mission Grove," California 12 / 46

Tempranillo

Torres, Spain 13.5 / 52

Merlot

Natura, Rapel Valley, Chile 11.5 / 44

Malbec

Santa Julia Reserva, Mendoza, Argentina 11 / 42

Malbec

TintoNegro "Uco Valley," Mendoza, Argentina 14 / 54

Malbec/Cabernet Blend

Colinas de Los Andes, Mendoza, Argentina 11 / 42

Cabernet

Carolina Reserva, Colchagua Valley, Chile 10.5 / 40

Cabernet

Fable, California 12.5 / 50

Beer

BOTTLES

Miller Lite

Milwaukee, WI, Pilsner, 4.1% 5

Yuengling

Pottsville, PA, Amber Lager, 4.5% 5

Corona/Corona Light

Mexico, Lager, 4.6% 5.5

Dos Equis Ambar

Mexico, Amber Lager, 4.7% 5.5

Red Stripe

Jamaica, Lager, 4.7% 5.5

Blue Moon

Golden, CO, Hefe/Wit, 5.4% 6

Stella Artois

Belgium, Pale Lager, 5% 6

21st Amendment Brew Free or Die (Can)

San Francisco, CA, IPA, 7% 6.5

Dogfish Head 60 Minute IPA

Milton, DE, IPA, 6% 6.5

Wyndridge Farms Cider (Gluten-Free) (Can)

Dallastown, PA, 5.5% 6.5

Lagunitas Little Sumpin' Sumpin'

Petaluma, CA, Wheat Pale Ale, 7.5% 7

Tröegs Troegenator

Harrisburg, PA, Doppelbock, 8.2% 7

Victory Prima Pils

Downingtown, PA, Pilsener, 5.3% 7

DRAFTS

Pacifico Lager

Mexico, Mexican Lager, 4.5% 6

Victory Hop Devil

Downingtown, PA, IPA, 6.7% 6.5

Yards Philly Pale Ale

Philadelphia, PA, APA, 4.6% 6

Estrella Damm

Spain, European Pale Lager, 5.4% 7

Hand-Crafted Cocktails

Mojitos

FLAVORS (+50¢): Pomegranate Ginger, Blackberry Hibiscus, Charred Pineapple

TRADITIONAL

Theobald & Oppenheimer Keystone Rail White Rum, lime, mint, soda, pure cane syrup 9

SUPERIOR

Plantation Grande Reserve 5 Yr, lime, mint, soda, pure cane syrup 11

Margaritas

FLAVORS (+50¢): Pomegranate Ginger, Blackberry Hibiscus, Charred Pineapple

TRADITIONAL

100% Agave Tequila, triple sec, housemade margarita mix 9

SUPERIOR

Cazadores Reposado, Ferrand Dry Curaçao, housemade margarita mix 11



SKINNY MARGARITA

Cazadores Reposado Tequila, agave nectar, fresh lime juice, lemon juice, orange juice 9.5

Specialty COCKTAILS

DARK & STORMY

Gosling's Black Seal Rum, ginger beer, lime 9.5

JALAPEÑO PALOMA

El Jimador Silver Tequila, jalapeños, grapefruit juice, simple syrup, soda, salt rim 9.5

PUSSER'S PAINKILLER

Pusser's British Navy Rum, Cruzan Mango Rum, Smith & Cross Rum, fruit juices, coconut milk, nutmeg 11.5

PALADAR RUM PUNCH

St. Lucia Distillers Spiced Rum, Smith & Cross Rum, citrus liqueur, fresh fruit juices 11

SMOKED APPLE RHUM CIDER

Clement Select Barrel, fresh lime juice, cinnamon simple syrup, apple cider, smoke cinnamon bitters . . . 12

CHARRED PINEAPPLE CAIPIRINHA

Sao Paulo Cachaca, fresh lime juice, charred pineapple juice 9

Classic COCKTAILS

PALADAR OLD-FASHIONED

Brown sugar, orange, house-cured cherries, orange bitters 13

PALADAR MANHATTAN

Dolin Rouge Vermouth, black walnut bitters, house-cured cherries 13

CHOOSE YOUR RUM:

Bacardi 8 Yr (Spanish Style)
Chairman's Reserve (English Style)
Clément Select Barrel (French Style)

CHOOSE YOUR RUM:

Diplomático Mantuano (Spanish Style)
Appleton Rare 12 Yr (English Style)
Rhum J.M Gold (French Style)

WELCOME TO

The World Of Rum

Rum is a journey – not a destination. Whether you're a well-versed traveler or are just starting along the way, rum is universally pleasing to all palates. For a full list of offerings, please reference our Rum Bible.

Rum FLIGHTS

SPANISH FLIGHT

Diplomático Planas, Matusalem 8 Yr, Kirk & Sweeney 12 11

ENGLISH FLIGHT

Plantation 3 Yr, English Harbour 5 Yr, Appleton Estate 12 Yr 9.5

FRENCH FLIGHT

La Favorite Blanc, Rhum Clément Select Barrel, Neisson Rhum Réserve Spéciale 10.5

AGED FLIGHT

Plantation Grande Reserve 5 Yr, Flor de Caña 12, El Dorado 15 Yr 11

PRESIDENTIAL FLIGHT

Flor de Caña 25 Yr, El Dorado 21 Yr Special Reserve, La Favorite Ambre 25

CRAFT/DOMESTIC FLIGHT

Bluebird Dark, Maggie's Farm Spiced, Manatawny Small Batch 11

Rum RECOMMENDATIONS

We have an extensive selection of rums from all over the world - more than 100, to be exact. Below are some of our favorites.

SPANISH-STYLE RUMS

KIRK & SWEENEY 12
Dominican Republic 11 | 4

DIPLOMÁTICO EXCLUSIVA
Venezuela 13 | 4.5

RON ZACAPA 23
Guatemala 13.5 | 4.5

ENGLISH-STYLE RUMS

PLANTATION 5 YR
Barbados 8.5 | 3

CHAIRMAN'S RESERVE
St. Lucia 9.5 | 3.5

ZAYA GRAN RESERVA
Trinidad & Tobago 10 | 3.5

APPLETON ESTATE 12 YR
Jamaica 12 | 4

FRENCH-STYLE RUMS

CLÉMENT SELECT BARREL
Martinique 9.5 | 3.5

RHUM J.M GOLD
Martinique 11 | 4

NEISSON ÉLEVÉ SOUS BOIS
Martinique 11 | 4

DAMOISEAU VIEUX VSOP
Guadeloupe 12.5 | 4.5



PaladarLatinKitchen.com

