



# Gluten-Friendly Lunch Menu

Hi there & welcome to Paladar. We know it can be difficult to tell what has gluten and what doesn't by glancing at a menu. So, we created this gluten-friendly version to make things a bit easier for you.

If you're very sensitive to gluten, the note below applies to you.

There are a handful of gluten-friendly items that have ingredients that are prepared in a fryer that is also used for food containing gluten. This includes our Housemade Chip Blend and Sweet Plantains.

Please let a member of our team know about your allergy so we can do all we can to accommodate you.

## Craft-Your-Own Guacamole

START WITH OUR TRADITIONAL GUACAMOLE  
SINGLE: \$7.5 | GUACAMOLE TRIO: \$20

Served with our housemade blend of plantain, malanga and tortilla chips. !

Add fresh vegetables \$2.5

**Classic Add-Ins: \$5.0**

Pico de Gallo | Roasted Red Peppers | Black Beans  
Pickled Jalapeños | Pickled Red Onion | Roasted Garlic  
Candied Pumpkin Seeds | Crispy Capers | Mango  
Grilled Corn

**Premium Add-Ins: \$1**

Queso Fresco | Goat Cheese | Bacon | Chipotle Honey  
Grilled Pineapple Salsa | Mango  
Roasted Poblanos & Caramelized Onions

## House-Made Salsas !

Served with our housemade blend of plantain, malanga and tortilla chips

Single: \$4.5 Trio: \$10

Grilled Pineapple Salsa | Roasted Tomato | Pico de Gallo

## LUNCH COMBOS

Offered daily from 11:30am-4:00pm

### • \$10 Paladar Tacos •

Two tacos per order; served on corn/flour hybrid tortillas with cabbage. Served with beans & rice.  
Gluten Friendly: Corn Tortilla | Low Card: Low Card: Bibb Lettuce

🍌 **RIO-STYLE CHICKEN** Caramelized onions, poblano peppers, peanut-plantain crumble, cilantro aioli.  
GLUTEN-FREE IF ORDERED WITHOUT PEANUT-PLANTAIN CRUMBLE

🐷 **PORK PERNIL** Adobo rub, pickled jalapeños, pickled red onions, hot sauce.

🐟 **BLACKENED FISH** Pickled red onion & pineapple slaw, cilantro aioli.

🍆 **GRILLED ZUCCHINI** Adobo black beans, roasted corn salsa, cilantro pesto.

### SERVED WITH YOUR CHOICE OF SIDE:

Chipotle Black Bean Soup | Adobo Fries | Black Beans | Coconut Mango Rice

## • Starters •

🍌 **BRAZILIAN CHEESY BREAD** Chipotle honey. 8

🍤 **JALAPEÑO SHRIMP CEVICHE\*** 🍷 Hearts of palm, jicama, pickled red onions, pickled jalapenos, lemon. 11

🍌 **QUESO FUNDIDO** Pico de gallo, roasted poblanos & caramelized onions, side of tortilla chips. 9  
ADD CHORIZO, 2

🍌🍷 **MOJO PORK TOSTONES** Pickled red onions, aji verde, crispy plantains. 11

🍌 **SMOKED CHICKEN TOSTONES** Aji pepper aioli, pico de gallo, crispy plantains. 11

## • Soups & Salads •

Add Chicken 4.5 Add Steak\* 7.5 Add Salmon\* 7.5

**SOUP & SALAD COMBO** Choice of Ensalada Mixta or César salad and choice of soup. 10

GLUTEN FREE IF ORDERED WITHOUT CROUTONS & CAPERS

🍌 **CHIPOTLE BLACK BEAN SOUP** 🍷 Lime crema, scallions, cilantro. 6

🍌 **GAZPACHO SOUP** Cucumbers & jicama, croutons, served chilled. 6  
GLUTEN FREE IF ORDERED WITHOUT CROUTONS

🍌 **CÉZAR SALAD** Romaine heart, queso fresco, tomatoes, crispy capers, croutons, sugar cane dressing. 7  
GLUTEN FREE IF ORDERED WITHOUT CROUTONS

🍌 **ENSALADA MIXTA** Mixed greens, candied pumpkin seeds, cucumber, tomatoes, pickled red onions, queso fresco, sherry vinaigrette. 6.5

🍷 **CARIBBEAN MANGO CHICKEN** Mixed greens, bacon, avocado, mango, black beans, roasted red peppers, mango jerk vinaigrette. 13.5

**SALMON ANCIENT GRAIN** Spinach, grilled corn, smoked tomatoes, kalamata olives, queso fresco, cilantro lime vinaigrette. 16  
GLUTEN-FREE IF ORDERED WITHOUT ANCIENT GRAINS

🍌 **KALE & ROASTED SWEET POTATO** Spinach, tomatoes, spiced almonds, radish, goat cheese, garlic thyme vinaigrette. 12

## • House Beverages •

🍷 **HOUSE AGUA FRESCA** Pomegranate Ginger, Watermelon Basil, Strawberry. 4

**HOUSE LEMONADE** Traditional, Pomegranate Ginger, Watermelon Basil, Strawberry. 4



Medium-bodied coffee, roasted in Cleveland, OH  
Black Iced Tea • Mango Iced Tea

## • Energizing Grain Bowls •

Served chilled. Spinach available to substitute for ancient grains upon request.

🍌 **SWEET POTATO & AVOCADO GRAIN** Ancient grain blend, smoked tomatoes, kale, radish, queso fresco, citrus slaw, cilantro tahini sauce. 12

GLUTEN-FREE IF SPINACH IS SUBSTITUTED FOR ANCIENT GRAINS

Add Chicken 4.5 Add Steak\* 7.5 Add Salmon\* 7.5

**PASILLA GRILLED CHICKEN** Antibiotic and hormone-free chicken, ancient grain blend, kale, radish, avocado, pico de gallo, black beans, cilantro tahini, citrus slaw. 14

GLUTEN-FREE IF SPINACH IS SUBSTITUTED FOR ANCIENT GRAINS

## • Lunch Entrées •

🍷 **FEIJOADA STEW** 🍷 Pork, chorizo sausage, adobo black beans, sofrito vegetables, kale, sofrito rice, grilled Cuban bread. 14.5

GLUTEN-FREE IF ORDERED WITHOUT CUBAN BREAD

**CARIBBEAN GRILLED CHICKEN** Pineapple salsa, cilantro rice, adobo black beans. 14

🍷 **RUM-GLAZED CUBAN PORK** Adobo black beans, coconut mango rice, pico de gallo. 14

DON'T FORGET YOUR *Extras*

## • Sides •

🍌🍌 **SWEET PLANTAINS** Lime crema. 6

🍌🍌 **YUCCA FRIES** Aji pepper aioli. 6

🍌🍌 **SWEET POTATO PLANTAIN HASH** Aji verde. 5

🍌 **ADOBO BLACK BEANS** Pico de gallo, lime crema. 5

🍌 **COCONUT MANGO RICE** 5

🍌🍌 **ADOBO FRIES** 5

## FEATURED Cocktail



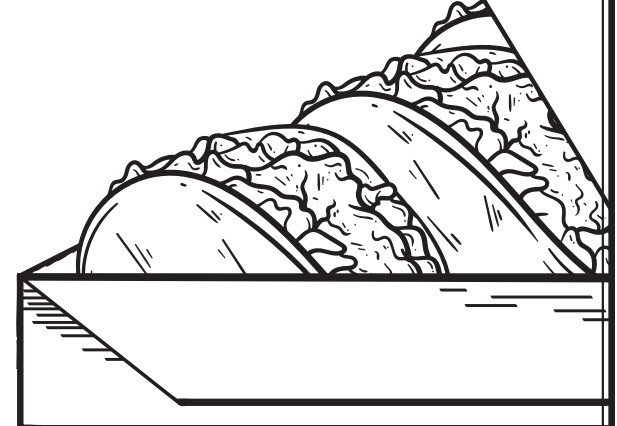
### PUSSERS PAINKILLER

Pusser's British Navy Rum,  
Cruzan Mango Rum,  
Smith & Cross Rum, fruit  
juices, coconut milk,  
nutmeg

GLASS 11.5

ENJOY A  
**FAMILY TACO BOX**  
WITH OUR  
*Curbside  
Carryout*

SIMPLE. SAFE. CLEAN.



ORDER. DRIVE. CALL. EAT.

\*This item may contain raw or undercooked ingredients. Consuming raw or undercooked meat or seafood may increase your risk of foodborne illness. Please notify your server of any food allergies.

🍷 Crowd Favorites 🍷 Spicy

🍌 Vegetarian (Vegan? Ask your server for recommendations.) 🍌 Highly sensitive? Let us know when ordering this dish.